

Snohomish Lacrosse Club

Codes of Conduct

PARENT/GUARDIAN

1. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
2. I will praise my child for trying hard and competing fairly and thus make my child feel like a winner every time.
3. I will never ridicule or yell at my child, other players, coaches or officials. I will cheer all good plays and avoid booing opponents.
4. I will respect and show appreciation to the volunteer coaches and officials who give their time to my child.
5. I will respect all officials and their decisions. This is because I understand that all officials do their utmost to, be impartial, provide a safe and suitable playing framework and see that the game is well played.
6. I will not question the official's bias or judgment in public nor encourage that behavior in my child.
7. I will show respect for my team's opponents, because without them there would be no game.
8. I will not use profanity, nor will I harass players, coaches, officials or other spectators.
9. I will remember that my child plays lacrosse for his/her enjoyment and not mine.
10. I will not force my child to participate in lacrosse.

I _____ **promise to abide by this Code of Conduct.**

(Please print your name)

Parent's Signature X _____ **Date** _____

PLAYER

1. I will adhere to the Snohomish Lacrosse **Zero-Tolerance Policy**. If I am caught using or under the influence of alcohol or narcotics other than those prescribed by a doctor, I may be sent home immediately from, practice, home or away game at my parent's expense and / or kicked out of the program.
2. I will always follow the basic rules of **Fair Play**. I will respect the rules of the game, my opponents and the officials and their decisions. Everyone on the bench will participate and I personally will maintain my self-control at all times.
3. On game day, all players shall arrive at least 45 minutes prior to game time for warm-ups. Players shall be fully dressed and ready to go at least 30 minutes prior to game time. This period will be necessary to discuss team strategies and game plans.
4. On practice day, players shall arrive at least 10 minutes prior to practice start time.
5. Players shall participate in every game and every practice except for illness, injury or school events. If a player must miss a game or practice, he/she must contact the coach or team captain as soon as possible.
6. **School shall take precedence over Lacrosse.**
7. Foul language towards anyone, be it teammates; coaches; officials; opponents or spectators, will not be tolerated.
8. Players shall not be critical of teammates and never discuss teammate's abilities except to encourage good team play.
9. Hot-dogging will not be tolerated.
10. Players are responsible for their own equipment and thus they must ensure that it is complete, safe, and in good condition at all times.
11. Lacrosse is a team sport. I am on a team and I will be a team player.
12. I will respect all my teammates, the officials and my competitors.
13. I will always listen to my coach's instructions.
14. Players shall conduct themselves in a dignified manner at all times, especially on "the road". Each player represents the game of lacrosse, the lacrosse association and the community of Snohomish.

I _____ **promise to abide by this Code of Conduct.**

(Please print you name)

Player's Signature X _____ **Date** _____